

Rights, Responsibilities & British Values

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gatsby Benchmark	CDI Framework (4)	Skills Builder Framework	Citizenship
Law, Crime & Society - 01 - Desert Island - Living	Year 9	Desert Island - To understand that rights come with responsibilities	T1 - Families	N/A	K33 R15	Relationships	Setting Goals	Mutual Respect and Tolerance	Democracy	Religion	Equality Act (06/9)	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Law, Crime & Society - 02 - Desert Island - Building a Community	Year 9	Desert Island - To be able to make decisions and understand the impact of those decisions	T1 - Families	N/A	K33 R15	Relationships	Setting Goals	Democracy	Religion	Equality Act (06/9)	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving		
Law, Crime & Society - 03 - Desert Island - Making Decisions	Year 9	Desert Island - To consider the impact my decision could have	T7 - Personal safety	N/A	N/A	Relationships	Setting Goals	Rule of Law	Religion	Age	4. Linking Curriculum Learning To Careers	Explore possibilities	Staying Positive		
Law, Crime & Society - 04 - Desert Island - Criminal, Law & Society	Year 9	Desert Island - To understand how the criminal justice system operates	N/A	N/A	N/A	Relationships	N/A	Rule of Law	Moral	N/A	British Values	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Law, Crime & Society - 05 - How and Laws Made	Year 9	How and Laws Made - To understand the process of how a bill passes through Parliament	N/A	N/A	N/A	Relationships	N/A	Rule of Law	Moral	N/A	British Values	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Law, Crime & Society - 06 - Prison, Reform and Punishment	Year 9	Prison, Reform and Punishment - To understand the different theories behind punishing offenders	N/A	N/A	N/A	Relationships	N/A	Rule of Law	Moral	N/A	British Values	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	

Law, Crime & Society - Supporting Resources

Project - Prisons for the Future - Displays

Quiz - Law, Crime and Society

URI Assessment - Law, Crime & Society

Workbook - Law, Crime & Society

Celebrating Diversity & Equality

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gatsby Benchmark	CDI Framework (4)	Skills Builder Framework	Citizenship
Equality and Diversity Explained - 01 - Equality Act 2010	Year 9	Equality and Diversity Explained - 01 - Equality Act 2010 - To explain some challenges the Equality Act has faced	T1 - Families	N/A	K33 R4 R5	Relationships	Relationships	Mutual Respect and Tolerance	Cultural	Equality Act (06/9)	Diversity & Equality	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Equality and Diversity Explained - 02 - LGBTQ+ What is it	Year 9	Equality and Diversity Explained - 02 - LGBTQ+ What is it - To explain the role of LGBTQ+ in British society	T2 - Respectful Relationships	N/A	K33 R4 R5 K34 R5 R6	Relationships	Relationships	Mutual Respect and Tolerance	Cultural	Sexual Orientation	Diversity & Equality	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Equality and Diversity Explained - 03 - LGBTQ+ Rights Across the World	Year 9	Equality and Diversity Explained - 03 - LGBTQ+ Rights Across the World - To explain views and laws on homosexuality across the world	T2 - Respectful Relationships	N/A	K33 R4 R5 K34 R5 R6	Relationships	Relationships	Mutual Respect and Tolerance	Cultural	Sexual Orientation	Diversity & Equality	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Equality and Diversity Explained - 04 - Gender Equality	Year 9	Equality and Diversity Explained - 04 - Gender Equality - To explain gender equality in the workplace, families and in politics	T1 - Families	N/A	K34 R5	Relationships	Relationships	Mutual Respect and Tolerance	Religion	Sex	Diversity & Equality	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Equality and Diversity Explained - 05 - Religion and Disability Discrimination	Year 9	Equality and Diversity Explained - 05 - Religion and Disability Discrimination - To identify language and behaviour that is ableist	T2 - Respectful Relationships	N/A	R7, R8, R39, R40, L10, L5	Relationships	Relationships	Mutual Respect and Tolerance	Moral	Disability	Diversity & Equality	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Equality and Diversity Explained - 06 - Removing the Barriers Equality for all	Year 9	Equality and Diversity Explained - 06 - Removing the Barriers Equality for all - To consider how these barriers impact people living with a disability	T2 - Respectful Relationships	N/A	K33 R30 K34 R5	Relationships	Relationships	Democracy	Moral	Equality Act (06/9)	Diversity & Equality	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Equality and Diversity Explained - 07 - Racism & Discrimination in Society	Year 9	Equality and Diversity Explained - 07 - Racism & Discrimination in Society - To understand how racism and discrimination affect people	T7 - Personal safety	N/A	K33 R39 R40 R41	Relationships	Relationships	Mutual Respect and Tolerance	Cultural	Race	Diversity & Equality	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	

LGBTQ+ Explained - Supporting Resources

Project - LGBTQ+ Champion

Quiz - LGBTQ+ Explained

URI Assessment - LGBTQ+ Explained

Workbook - LGBTQ+ Explained

Relationships and Sex Education

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gatsby Benchmark	CDI Framework (4)	Skills Builder Framework	Citizenship
Identity, Relationships & Sex Education - 01 - Relationships and Sex Education	Year 9	Identity, Relationships & Sex Education - 01 - Relationships and Sex Education - To explain what physical touch may be consent in a sexual relationship	T3 - Online Safety and Awareness	N/A	K33 R1 K34 R1	Relationships	Identity & Relationships	Mutual Respect and Tolerance	Religion	Sexual Orientation	RSE	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Identity, Relationships & Sex Education - 02 - Being Yourself & Self-Love	Year 9	Identity, Relationships & Sex Education - 02 - Being Yourself & Self-Love - To explain why self-love is so important, and good for us	T1 - Families	N/A	K33 R3, R4, R5, K34 R6	Relationships	Identity & Relationships	N/A	Religion	N/A	RSE	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Identity, Relationships & Sex Education - 03 - Healthy Respectful Relationships	Year 9	Identity, Relationships & Sex Education - 03 - Healthy Respectful Relationships - To know what respect in a healthy relationship looks like	T5 - Intimate & sexual relationships (inc. sexual health)	N/A	K33 R1, R36	Relationships	Identity & Relationships	N/A	Religion	N/A	RSE	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Identity, Relationships & Sex Education - 04 - What is Love	Year 9	Identity, Relationships & Sex Education - 04 - What is Love - To explain how love works and how to give and receive love	T5 - Intimate & sexual relationships (inc. sexual health)	N/A	K33 R1, R36	Relationships	Building Relationships	N/A	N/A	N/A	RSE	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Identity, Relationships & Sex Education - 05 - Dealing with Conflict	Year 9	Identity, Relationships & Sex Education - 05 - Dealing with Conflict - To explain how to deal with conflict and how to resolve it	T7 - Personal safety	N/A	K33 R19	Relationships	Respectful Relationships	N/A	N/A	N/A	RSE	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Identity, Relationships & Sex Education - 06 - Periods and Menstrual Cycle	Year 9	Identity, Relationships & Sex Education - 06 - Periods and Menstrual Cycle - To understand how and why feminine protection is so absorbent and effective	N/A	N/A	K33 H34, R5, R18, K34 R6	Health & Wellbeing	Independence	N/A	N/A	N/A	RSE	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Identity, Relationships & Sex Education - 07 - Introduction to Contraception	Year 9	Identity, Relationships & Sex Education - 07 - Introduction to Contraception - To understand how to use contraception and how to choose the right one	T5 - Intimate & sexual relationships (inc. sexual health)	N/A	K33 H35, H36, R33, K34 H36, H39, R33	Health & Wellbeing	Identity & Relationships	N/A	N/A	N/A	RSE	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Identity, Relationships & Sex Education - 08 - Sexual Orientation	Year 9	Identity, Relationships & Sex Education - 08 - Sexual Orientation - To explore and challenge LGBTQ+ prejudices and stereotypes	T1 - Families	N/A	K33 R3, R4	Relationships	Identity & Relationships	Mutual Respect and Tolerance	N/A	Sexual Orientation	RSE	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	

Identity, Relationships & Sex Education - Supporting Resources

Project - Body Image and Social Media

Quiz - Exploring PSHE

URI Assessment - Identity, Relationships and Sex Education

Workbook - Identity, Relationships and Sex Education

Staying Safe, Online & Offline

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gatsby Benchmark	CDI Framework (4)	Skills Builder Framework	Citizenship
Dangerous Society Online & Offline - 01 - County Lines - What is it	Year 9	Dangerous Society Online & Offline - 01 - County Lines - What is it - To explain what county lines are and how they affect young people	T7 - Personal safety	N/A	K33 R43 R44 R45 R46 R47 K34 R35 R38	Relationships	Peer Influence, Substance Use & Gange	N/A	N/A	N/A	Safety & Risk	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Dangerous Society Online & Offline - 02 - County Lines - Who is at Risk	Year 9	Dangerous Society Online & Offline - 02 - County Lines - Who is at Risk - To explain who is most at risk of being exploited	T7 - Personal safety	N/A	K33 R43 R44 R45 R46 R47 K34 R35 R38	Relationships	Peer Influence, Substance Use & Gange	N/A	N/A	N/A	Safety & Risk	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Dangerous Society Online & Offline - 03 - Substance Misuse	Year 9	Dangerous Society Online & Offline - 03 - Substance Misuse - To explain how to spot a fake profile and catfishers	T3 - Online Safety and Awareness	N/A	K33 R47 R48 K34 H39	Health & Wellbeing	Drug & Alcohol	N/A	N/A	N/A	Safety & Risk	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Dangerous Society Online & Offline - 04 - Cyberbullying	Year 9	Dangerous Society Online & Offline - 04 - Cyberbullying - To explain how to deal with cyberbullying and how to report it	T3 - Online Safety and Awareness	N/A	K33 R14, R23, R36, R40 K34 R7, R34	Relationships	Respectful Relationships	N/A	N/A	N/A	Safety & Risk	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Dangerous Society Online & Offline - 05 - Online Grooming	Year 9	Dangerous Society Online & Offline - 05 - Online Grooming - To explain how to spot a fake profile and catfishers	T1 - Families	N/A	K33 R37	Relationships	Digital Literacy	N/A	N/A	N/A	Safety & Risk	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Dangerous Society Online & Offline - 06 - Alcohol Safety	Year 9	Dangerous Society Online & Offline - 06 - Alcohol Safety - To explain how to spot a fake profile and catfishers	T2 - Wellbeing online	N/A	K33 H34, H37, H38, R30, K34 H19, H20, H21	Health & Wellbeing	Drug & Alcohol	N/A	N/A	N/A	Safety & Risk	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Dangerous Society Online & Offline - 07 - Child Exploitation & Online Protection	Year 9	Dangerous Society Online & Offline - 07 - Child Exploitation & Online Protection - To explain the consequences of alcohol consumption	T3 - Online Safety and Awareness	N/A	K33 R47 R48 K34 H39	Health & Wellbeing	Drug & Alcohol	N/A	N/A	N/A	Safety & Risk	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	

Dangerous Society Online & Offline - Supporting Resources

Project - Become the Teacher

Quiz - County Lines and Gange

URI Assessment - Dangerous Society Online & Offline

Workbook - Dangerous Society Online & Offline

Health & Wellbeing

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gatsby Benchmark	CDI Framework (4)	Skills Builder Framework	Citizenship
Physical Health & Mental Wellbeing - 01 - Health and Wellbeing	Year 9	Physical Health & Mental Wellbeing - 01 - Health and Wellbeing - To explain a range of healthy and unhealthy habits we might have	N/A	N/A	K33 H6, H11, H12, H14	Health & Wellbeing	Healthy Lifestyles	N/A	N/A	N/A	Health & Wellbeing	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Physical Health & Mental Wellbeing - 02 - What is Mental Health?	Year 9	Physical Health & Mental Wellbeing - 02 - What is Mental Health? - To explain what mental health is and how it affects people	T1 - Mental wellbeing	N/A	K33 H13, H14, H15, H16	Health & Wellbeing	Emotional Wellbeing	N/A	N/A	N/A	Health & Wellbeing	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Physical Health & Mental Wellbeing - 03 - Positive Body Image	Year 9	Physical Health & Mental Wellbeing - 03 - Positive Body Image - To explain what influences body image for boys and girls	T3 - Online Safety and Awareness	N/A	K33 H34 H39	Health & Wellbeing	Emotional Wellbeing	N/A	N/A	N/A	Health & Wellbeing	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Physical Health & Mental Wellbeing - 04 - Child Abuse	Year 9	Physical Health & Mental Wellbeing - 04 - Child Abuse - To explain warning signs that someone might need help	T2 - Respectful Relationships	N/A	K33 H36 H7 & K34 H7	Health & Wellbeing	N/A	N/A	N/A	N/A	Health & Wellbeing	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Physical Health & Mental Wellbeing - 05 - Types of Bullying	Year 9	Physical Health & Mental Wellbeing - 05 - Types of Bullying - To explain ways of responding to discrimination, harras and racism	T2 - Respectful Relationships	N/A	K33 R14, R23, R36, R40 K34 R7, R34	Relationships	Respectful Relationships	N/A	N/A	N/A	Health & Wellbeing	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Physical Health & Mental Wellbeing - 06 - Healthy Eating and Cholesterol	Year 9	Physical Health & Mental Wellbeing - 06 - Healthy Eating and Cholesterol - To understand the benefits of good cholesterol and bad cholesterol	T4 - Being safe	N/A	K33 H13, H14, H15	Health & Wellbeing	Healthy Lifestyles	N/A	N/A	N/A	Health & Wellbeing	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Physical Health & Mental Wellbeing - 07 - Stress Management	Year 9	Physical Health & Mental Wellbeing - 07 - Stress Management - To know some strategies on how to deal with stress	N/A	N/A	K33 H6, H11, H12	Health & Wellbeing	Building For the Future	N/A	N/A	N/A	Health & Wellbeing	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	

Physical Health & Mental Wellbeing - Supporting Resources

Project - Launching & Leisure Center

Quiz - Healthy Lifestyles

URI Assessment - Physical Health and Mental Wellbeing

Workbook - Physical Health and Mental Wellbeing

Life Beyond School

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gatsby Benchmark	CDI Framework (4)	Skills Builder Framework	Citizenship
Proud to be me - 01 - Employability & Enterprise Skills	Year 9	Proud to be me - 01 - Employability & Enterprise Skills - To explain the importance of having good qualifications	T2 - Respectful Relationships	N/A	K33 L1, L8 K34 L1, L3	Living in the wider World	Developing Life Skills & Aspirations	N/A	N/A	N/A	Life Skills	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Proud to be me - 02 - Proud to be me	Year 9	Proud to be me - 02 - Proud to be me - To explain the beliefs and expectations that others have of you	T2 - Respectful Relationships	N/A	K33 H1 K34 H2	Health & Wellbeing	Transition & Safety	N/A	N/A	N/A	Life Skills	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Proud to be me - 03 - Careers and Aspirations	Year 9	Proud to be me - 03 - Careers and Aspirations - To explain how to choose a career and how to prepare for it	T2 - Respectful Relationships	N/A	K33 L9 K34 L6	Living in the wider World	Developing Life Skills & Aspirations	N/A	N/A	N/A	Life Skills	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Proud to be me - 04 - Self-Esteem and the Media	Year 9	Proud to be me - 04 - Self-Esteem and the Media - To explain how to deal with negative comments on social media	T2 - Respectful Relationships	N/A	K33 H1 K34 H2	Health & Wellbeing	Building Relationships	N/A	N/A	N/A	Life Skills	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Proud to be me - 05 - The Importance of Happiness	Year 9	Proud to be me - 05 - The Importance of Happiness - To explain why life is OK for us to explore our own feelings and attitudes	T1 - Mental wellbeing	N/A	K34 H1	Health & Wellbeing	N/A	N/A	N/A	N/A	Life Skills	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Proud to be me - 06 - What Makes Me Angry	Year 9	Proud to be me - 06 - What Makes Me Angry - To explain how our thoughts and feelings can impact what we do	T2 - Respectful Relationships	N/A	K33 H13, H14, H15	Health & Wellbeing	Respectful Relationships	N/A	N/A	N/A	Life Skills	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	
Proud to be me - 07 - Exploring Careers	Year 9	Proud to be me - 07 - Exploring Careers - To explain how to choose a career and how to prepare for it	N/A	N/A	K33 L9 K34 L6	Living in the wider World	Setting Goals	N/A	N/A	N/A	Life Skills	4. Linking Curriculum Learning To Careers	Explore possibilities	Problem Solving	

Proud to be me - Supporting Resources

Project - Best Day of My Life

Quiz - Careers

URI Assessment - Proud to be me

Workbook - Proud to be me

Rights, Responsibilities & British Values

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (6)	Skills Builder Framework	Citizenship
Combating Extremism & Terrorism - 01 - Conspiracy Theories and Extremist Narratives	Year 9	To explore why conspiracy theories and extremist narratives are created. To evaluate why they are spread.	T1 - Being Safe	N/A	K31 L26 K34 L27	Health & Wellbeing	Identity & Relationships	Rule of Law	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Combating Extremism & Terrorism - 02 - Forms of Extremism	Year 9	To understand the different types of extremism. To understand how extremism is spread and radicalisation. To understand how extremism is spread and radicalisation.	T2 - Wellbeing online	N/A	K31 L26 K34 L24	Health & Wellbeing	Identity & Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Combating Extremism & Terrorism - 03 - What is Terrorism	Year 9	To understand the different types of terrorism. To understand how terrorism is spread and radicalisation. To understand how terrorism is spread and radicalisation.	N/A	N/A	K31 L26 K34 L24	Health & Wellbeing	Identity & Relationships	Mutual Respect and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Combating Extremism & Terrorism - 04 - How and Conflict	Year 9	To understand the different types of terrorism. To understand how terrorism is spread and radicalisation. To understand how terrorism is spread and radicalisation.	N/A	N/A	K31 L26 K34 L24	Health & Wellbeing	Identity & Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Combating Extremism & Terrorism - 05 - The Radicalisation Process	Year 9	To understand the different types of terrorism. To understand how terrorism is spread and radicalisation. To understand how terrorism is spread and radicalisation.	T2 - Wellbeing online	N/A	K31 L26 K34 L24	Health & Wellbeing	Identity & Relationships	Mutual Respect and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Combating Extremism & Terrorism - 06 - How Does Counter Terrorism Work	Year 9	To understand the different types of terrorism. To understand how terrorism is spread and radicalisation. To understand how terrorism is spread and radicalisation.	N/A	N/A	K31 L27	Health & Wellbeing	Identity & Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Combating Extremism & Terrorism - 07 - Antiracism	Year 9	To understand the different types of terrorism. To understand how terrorism is spread and radicalisation. To understand how terrorism is spread and radicalisation.	T2 - Respectful Relationships	N/A	K31 L26	Health & Wellbeing	Identity & Relationships	Mutual Respect and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓

Relationships and Sex Education

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (6)	Skills Builder Framework	Citizenship
Sex, the Law & Consent - 01 - Sexual Consent and the Law	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T1 - Being Safe	N/A	K31 R24, R25, R26, R27 K34 R18	Health & Wellbeing	Identity & Relationships	Rule of Law	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Sex, the Law & Consent - 02 - FGM and the Law	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T1 - Being Safe	N/A	K31 R24	Health & Wellbeing	Identity & Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Sex, the Law & Consent - 03 - Relationships and Partners	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	N/A	K34 R1, R4	Relationships	Intimate Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Sex, the Law & Consent - 04 - Domestic Abuse and Domestic Violence	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	N/A	K34 R1, R2	Relationships	Intimate Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Sex, the Law & Consent - 05 - Why Have Sex?	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	N/A	K31 R12 R28 R33 K34 R21	Relationships	Intimate Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Sex, the Law & Consent - 06 - Delaying Sexual Activity	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	N/A	K31 R12 R28 R33 K34 R21	Relationships	Intimate Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Sex, the Law & Consent - 07 - Sexual Harassment and Stalking	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	T7 - Personal Safety	K31 R27 K34 R16, R20, L15	Relationships	Healthy Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓

Relationships and Sex Education

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (6)	Skills Builder Framework	Citizenship
Contraception & STIs - 01 - What are STIs	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	N/A	K31 H36 K34 H27 H38 H31	Health & Wellbeing	Intimate Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Contraception & STIs - 02 - Treating STIs and the Clinic	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	N/A	K31 H36 K34 H27 H38 H31	Health & Wellbeing	Intimate Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Contraception & STIs - 03 - Contraception - Condoms	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	N/A	K31 H36, H38, K34 R23	Health & Wellbeing	Identity & Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Contraception & STIs - 04 - Contraception - Condoms	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	N/A	K31 H36, H38, K34 R23	Health & Wellbeing	Identity & Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Contraception & STIs - 05 - Contraception - Explained Further	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	N/A	K31 H36, H38, K34 H27 H38 H31	Health & Wellbeing	Intimate Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Contraception & STIs - 06 - HIV and AIDS	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	N/A	K31 H36 K34 H27 H38	Health & Wellbeing	Intimate Relationships	Mutual Respect and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Contraception & STIs - 07 - HIV and AIDS Prevalence and Discrimination	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Intimate & sexual relationships inc. sexual health	N/A	K31 H36 K34 H27 H38	Health & Wellbeing	Intimate Relationships	Mutual Respect and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓

Relationships and Sex Education

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (6)	Skills Builder Framework	Citizenship
Legal and Illegal Drugs - 01 - What is a Drug	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Drugs, alcohol, tobacco and vaping	N/A	K33 H23 H24 H25	Health & Wellbeing	Poor Influence, Substance Use & Gangs	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Legal and Illegal Drugs - 02 - Different Types of Addictions	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Drugs, alcohol, tobacco and vaping	N/A	K34 H10, H21	Health & Wellbeing	Drugs & Alcohol	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Legal and Illegal Drugs - 03 - Cannabis Products	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Drugs, alcohol, tobacco and vaping	N/A	K31 H27 H28 H29 H34 H30	Health & Wellbeing	Exploiting Influence	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Legal and Illegal Drugs - 04 - Drug Classifications	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Drugs, alcohol, tobacco and vaping	N/A	K33 H23, H26, H27, H28, R20 K34 H10, H30, R20	Health & Wellbeing	Drugs & Alcohol	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Legal and Illegal Drugs - 05 - Party Drugs & Illegal Drugs	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Drugs, alcohol, tobacco and vaping	N/A	K33 H23, H26, H27, H28, R20 K34 H10, H30, R20	Health & Wellbeing	Exploiting Influence	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Legal and Illegal Drugs - 06 - The War on Drugs	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Drugs, alcohol, tobacco and vaping	N/A	K31 H36 H38 H34 H10 H30	Health & Wellbeing	Exploiting Influence	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Legal and Illegal Drugs - 07 - Valuable Substance Abuse	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T5 - Drugs, alcohol, tobacco and vaping	N/A	K31 H36 H38 H34 H10 H30	Health & Wellbeing	Exploiting Influence	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓

Health & Wellbeing

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (6)	Skills Builder Framework	Citizenship
Body Confidence - 01 - How Self-Esteem Changes	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T1 - Being Safe	N/A	K34 H2 H6, H6, H10	Health & Wellbeing	Transition & Safety	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Body Confidence - 02 - What is a Penis	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T9 - Developing bodies	N/A	K33 H34	Health & Wellbeing	None	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Body Confidence - 03 - What is a Vagina	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T9 - Developing bodies	N/A	K33 H34	Health & Wellbeing	None	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Body Confidence - 04 - Why is HRT Talking in the News?	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T1 - Families	N/A	K31 R14, R23, R36, R40 K34 R7, R34	Relationships	Identity & Relationships	Mutual Respect and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Body Confidence - 05 - Dealing with Grief and Loss	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	N/A	N/A	K31 R22 K34 R12 R13 K34 H10 H13	Relationships	Family	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Body Confidence - 06 - Media and Advertising	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T2 - Online Safety and Awareness	N/A	K31 H3 K34 H4	Health & Wellbeing	Healthy Relationships	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Body Confidence - 07 - Cancer Prevention and Healthy Lifestyles	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T2 - Wellbeing online	N/A	K34 H11, H16 K31 H17, H18 K34 H11	Health & Wellbeing	Resilience	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓

Life Beyond School

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (6)	Skills Builder Framework	Citizenship
Essential Life Skills - 01 - From Failure to Success	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T2 - Respectful Relationships	N/A	K33 I32 H10 H34 H4	Health & Wellbeing	Mental Health	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Essential Life Skills - 02 - Assertiveness	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T2 - Respectful Relationships	N/A	K34 H4	Health & Wellbeing	Transition & Safety	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Essential Life Skills - 03 - First Aid	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T6 - Basic first aid	N/A	K33 H3 K34 H34	Health & Wellbeing	Transition & Safety	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Essential Life Skills - 04 - Saving and Managing Your Money	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	N/A	N/A	K33 L15 L16 K34 L16, L18	Living in the wider World	Y7 Financial Decision Making	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Essential Life Skills - 05 - Labour Market Information	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	N/A	N/A	K31 L12 K34 L10	Living in the wider World	Employability Skills	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Essential Life Skills - 06 - Finance, Budgeting and Employment	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	N/A	N/A	K34 L21 L16 L16 L17	Living in the wider World	Y7 Financial Decision Making	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓
Essential Life Skills - 07 - Social Media and Online Stress	Year 9	To understand the purpose and the importance of consent. To understand the importance of consent.	T2 - Wellbeing online	N/A	N/A	Health & Wellbeing	Resilience	Democracy and Tolerance	N/A	None	None	Not Assigned	Not Assigned	Problem Solving	✓

Rights, Responsibilities & British Values

Year Group	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA-Thematic Model	British Values	BMSC	Preceded Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (B)	Skills Builder Framework	Citizenship
Year 10	Understand how to spot fake news. To explore the damaging consequences of fake news. To understand why critical thinking is important.	T3 - Online Safety and Awareness	T2 - Wellbeing online	K31 K21 K54 L27	Healthy Relationships	Digital Literacy	Democracy	Democracy	Respectful	Media	4 Linking Curriculum Learning To Careers	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Personal British Values. To understand where our sense of identity comes from and why it is important.	T1 - Families	N/A	K4 L29	Living in the wider World	Health	Democracy	Democracy	Respectful	Culture	1. Global Citizenship Programme	Not Assigned	Learning	✓
Year 10	Understand the importance of Individual Liberty. To know what individual liberty looks like in my everyday life. To have the ability to advocate for individual liberty for others.	T2 - Respectful Relationships	N/A	L26 L29 K36 R40 K54 L26	Living in the wider World	Health	Democracy	Democracy	Respectful	Culture	Equity Act (M 9)	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Mutual Respect and Tolerance. To understand how mutual respect and tolerance is important between different groups of people. To understand how individual liberty is important.	T2 - Respectful Relationships	N/A	N/A	Living in the wider World	Health	Democracy	Democracy	Respectful	Culture	Respectful	Not Assigned	Learning	✓
Year 10	Understand the importance of Democracy. To understand the origins of human rights. To evaluate how we can protect human rights.	N/A	N/A	N/A	Living in the wider World	Health	Democracy	Democracy	Respectful	Culture	Not Assigned	Not Assigned	Teamwork	✓
Year 10	Understand the importance of Rule of Law. To understand what democracy in the UK looks like. To know why it is important.	N/A	N/A	N/A	Living in the wider World	Health	Democracy	Democracy	Respectful	Culture	Not Assigned	Not Assigned	Teamwork	✓

Celebrating Diversity & Equality

Year Group	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA-Thematic Model	British Values	BMSC	Preceded Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (B)	Skills Builder Framework	Citizenship
Year 10	Understand the importance of Diversity. To explore the history of the UK, NATO and the Commonwealth. To evaluate the importance of diversity.	N/A	T7 - Personal safety	K53 R19	Relationships	Building for the Future	Democracy	Democracy	Respectful	Media	1. Global Citizenship Programme	Not Assigned	Leadership	✓
Year 10	Understand the importance of Equality. To understand different symbols for peace across the world. To evaluate why symbols are important.	N/A	N/A	N/A	Relationships	Building for the Future	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Human Rights. To describe some examples of human rights abuses in Ukraine and how international organisations are trying to help.	N/A	N/A	N/A	Relationships	Building for the Future	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of International Organisations. To understand the different issues impacting countries across the world. To evaluate what support these organisations can offer.	N/A	N/A	N/A	Relationships	Building for the Future	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Gender Equality. To understand why gender equality is important. To evaluate what support these organisations can offer.	N/A	N/A	N/A	Relationships	Building for the Future	Democracy	Democracy	Respectful	Media	4 Linking Curriculum Learning To Careers	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Women's Rights and Equality. To understand the 20th century. To understand the key events that led up to women gaining equal rights with men. To evaluate what support these organisations can offer.	T1 - Families	N/A	K54 R5	Relationships	Building for the Future	Democracy	Democracy	Respectful	Media	4 Linking Curriculum Learning To Careers	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Fair Trade and Fair Trade. To understand the 10 principles of fair trade and benefits of fair trade. To evaluate what support these organisations can offer.	N/A	N/A	N/A	Relationships	Building for the Future	Democracy	Democracy	Respectful	Media	4 Linking Curriculum Learning To Careers	Not Assigned	Problem Solving	✓

Relationships and Sex Education

Year Group	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA-Thematic Model	British Values	BMSC	Preceded Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (B)	Skills Builder Framework	Citizenship
Year 10	Understand the importance of Relationships. To explore the benefits and risks associated with relationships. To understand how to build healthy relationships.	T10 - Intimate Relationships: Rights to sexual health	N/A	K53 K52	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Leadership	✓
Year 10	Understand the importance of Consent. To understand what consent is and why it is important. To evaluate what support these organisations can offer.	T10 - Intimate Relationships: Rights to sexual health	N/A	K53 R29 K39 K54 R22 L21	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Sexual Health. To understand the importance of sexual health and why it is important. To evaluate what support these organisations can offer.	T10 - Intimate Relationships: Rights to sexual health	N/A	K53 R18 K54 R8	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Sexual Abuse. To understand the different types of sexual abuse and why it is important. To evaluate what support these organisations can offer.	T10 - Intimate Relationships: Rights to sexual health	N/A	K54 R28 R29 R30 R31 R32	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Sexual Health. To understand the importance of sexual health and why it is important. To evaluate what support these organisations can offer.	T10 - Intimate Relationships: Rights to sexual health	N/A	K53 H18 K54 H18	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓

Staying Safe, Online & Offline

Year Group	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA-Thematic Model	British Values	BMSC	Preceded Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (B)	Skills Builder Framework	Citizenship
Year 10	Understand the importance of Online Safety. To understand the risks associated with online safety and why it is important. To evaluate what support these organisations can offer.	T7 - Personal safety	T2 - Wellbeing online	K53 K53	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Online Safety. To understand the risks associated with online safety and why it is important. To evaluate what support these organisations can offer.	T7 - Personal safety	T2 - Wellbeing online	K53 K53	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Online Safety. To understand the risks associated with online safety and why it is important. To evaluate what support these organisations can offer.	T7 - Personal safety	T2 - Wellbeing online	K53 H52 + K54 H51 H16	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Online Safety. To understand the risks associated with online safety and why it is important. To evaluate what support these organisations can offer.	T7 - Personal safety	T2 - Wellbeing online	K53 H13 K54 H13	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	4 Linking Curriculum Learning To Careers	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Online Safety. To understand the risks associated with online safety and why it is important. To evaluate what support these organisations can offer.	T7 - Personal safety	T2 - Wellbeing online	K53 H13 K54 H13	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	4 Linking Curriculum Learning To Careers	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Online Safety. To understand the risks associated with online safety and why it is important. To evaluate what support these organisations can offer.	T7 - Personal safety	T2 - Wellbeing online	K53 R43 R44 R45 R46 R47 K54 R27 R38	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓

Health & Wellbeing

Year Group	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA-Thematic Model	British Values	BMSC	Preceded Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (B)	Skills Builder Framework	Citizenship
Year 10	Understand the importance of Mental Health. To understand the importance of mental health and why it is important. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K53 R37 K54 R19 R28 R30 R31	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Mental Health. To understand the importance of mental health and why it is important. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K54 H52	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Mental Health. To understand the importance of mental health and why it is important. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K53 H11 K54 H18 H19	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Mental Health. To understand the importance of mental health and why it is important. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K53 H11 H12 K54 H9 H10	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Mental Health. To understand the importance of mental health and why it is important. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K53 H11 H12 K54 H9 H10	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Mental Health. To understand the importance of mental health and why it is important. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K53 H6 H7 K54 H17	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓

Life Beyond School

Year Group	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA-Thematic Model	British Values	BMSC	Preceded Characteristics	Creative Theme	Gateway Benchmark	CDI Framework (B)	Skills Builder Framework	Citizenship
Year 10	Understand the importance of Social Media. To understand how social media can distort our view on the real world. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K53 H3 L22 L23 K54 H15 L24	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	4 Linking Curriculum Learning To Careers	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Social Media. To understand how social media can distort our view on the real world. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K54 L25 L26	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	4 Linking Curriculum Learning To Careers	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Social Media. To understand how social media can distort our view on the real world. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K53 H9 K54 H4 R10	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Social Media. To understand how social media can distort our view on the real world. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K53 L5 K54 L13	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	Not Assigned	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Social Media. To understand how social media can distort our view on the real world. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K54 L19	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	4 Linking Curriculum Learning To Careers	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Social Media. To understand how social media can distort our view on the real world. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K53 L11 K54 L13 L14	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	4 Linking Curriculum Learning To Careers	Not Assigned	Problem Solving	✓
Year 10	Understand the importance of Social Media. To understand how social media can distort our view on the real world. To evaluate what support these organisations can offer.	T2 - Wellbeing online	T2 - Wellbeing online	K54 L21	Healthy Relationships	Healthy Relationships	Democracy	Democracy	Respectful	Media	4 Linking Curriculum Learning To Careers	Not Assigned	Problem Solving	✓

Relationships and Sex Education

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gatsby Benchmark	CDI Framework (B)	Skills Builder Framework	Citizenship
Sexual Health -01 - Near on Peer Abuse	Year 11	explores what makes women and men feel safe and understand ways to improve fertility. To understand	T5 - Intimate & sexual relationships inc sexual health	T7 - Personal safety	K32 K42 K53 K64 K65	Relationships	Peer Pressure, Bullying, Law & Courts	None	None	None	Art	None	Not Assigned	None	None
Sexual Health -02 - Fertility and What Impacts it	Year 11	explores what makes women and men feel safe and understand ways to improve fertility. To understand	T5 - Intimate & sexual relationships inc sexual health	None	K34 K36, K37, K38, K39, K40, K41, K42, K43, K44, K45	Relationships	Family	None	None	None	None	None	Not Assigned	Problem Solving	None
Sexual Health -03 - Alcohol, Pornos and Bad Choices	Year 11	To explore alcohol abuse, drink spiking and the associated risks. To evaluate what and who stops	T5 - Intimate & sexual relationships inc sexual health	None	K33 K37, K38, K39, K40, K41, K42	Relationships	Exploiting Influence	None	None	None	None	None	Not Assigned	Problem Solving	None
Sexual Health -04 - Importance of Sexual Health	Year 11	To explore various consequences of engaging sexual health. To understand what stops	T5 - Intimate & sexual relationships inc sexual health	None	K33 K35, K36, K37, K38, K39, K40, K41, K42	Relationships	Independence	None	None	None	None	None	Not Assigned	Problem Solving	None
Sexual Health -05 - Revising STIs	Year 11	to explore the process of a young person's sexual health consultation at a clinic. To understand	T5 - Intimate & sexual relationships inc sexual health	None	K33 K35, K36, K37, K38, K39, K40, K41, K42	Health & Wellbeing	Communications & Relationships	None	None	None	None	None	Not Assigned	Problem Solving	None
Sexual Health -06 - Revising Contraception	Year 11	to understand the advantages and disadvantages of different contraceptive methods. To explore	T5 - Intimate & sexual relationships inc sexual health	None	K33 K35, K36, K37, K38, K39, K40, K41, K42	Health & Wellbeing	Communications & Relationships	None	None	None	None	None	Not Assigned	Problem Solving	None
Sexual Health -07 - Respect Love and Relationships	Year 11	to be able to describe what love is and how it is not. To understand	T5 - Intimate & sexual relationships inc sexual health	None	K33 K35, K36, K37, K38, K39, K40, K41, K42	Relationships	Healthy Relationships	None	None	None	None	None	Not Assigned	Problem Solving	None
Sexual Health - Supporting Resources															
Out - HIV and AIDS - Sexual Health															
LHM Assessment - Sexual Health															
Workbook - Sexual Health															

Staying Safe, Online & Offline

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gatsby Benchmark	CDI Framework (B)	Skills Builder Framework	Citizenship
Staying Safe -01 - Virtual Health and Live Streaming	Year 11	to be able to describe the benefits and risks associated with virtual reality. To explore the con	T2 - Wellbeing online	T2 - Wellbeing online	K33 K31, K32, K33, K34, K35, K36, K37, K38, K39, K40, K41, K42	Living in the wider World	Employability Skills	Individual Liberty	None	None	None	Social & Risk	4. Linking Curriculum Learning To Careers	Not Assigned	Problem Solving
Staying Safe -02 - Online Reputation and Digital Footprints	Year 11	To understand how to complete an online audit of yourself and know why it is important. To un	T3 - Online Safety and Awareness	T2 - Wellbeing online	K33 K31, K32, K33, K34, K35, K36, K37, K38, K39, K40, K41, K42	Living in the wider World	Employability Skills	Individual Liberty	None	None	None	Social & Risk	4. Linking Curriculum Learning To Careers	Not Assigned	Problem Solving
Staying Safe -03 - Group Chats & Anti-Bullying	Year 11	to analyse the effects of bullying in group chats. To explain how and where someone	T3 - Online Safety and Awareness	T2 - Wellbeing online	K33 K38, K41	Relationships	None	Mutual Respect and Tolerance	None	None	None	Social & Risk	Not Assigned	Speaking	None
Staying Safe -04 - Cosmetic and Aesthetic Procedures	Year 11	to explore the negative and positive effects of undergoing these procedures. To evaluate what the	None	T2 - Wellbeing online	K34 K39, K41	Health & Wellbeing	None	None	None	None	None	Social & Risk	Not Assigned	Problem Solving	None
Staying Safe -05 - New Psychoactive Substances	Year 11	To explore why NPS drugs are so dangerous to society. To understand how to protect	None	T5 - Drugs, alcohol, tobacco and vaping	K34 K39, K40, K41	Health & Wellbeing	None	None	None	None	None	Social & Risk	Not Assigned	Problem Solving	None
Staying Safe -06 - Fastfash and Nibbaa Oxide	Year 11	to understand how to stay safe at a festival or a party. To evaluate what	None	T5 - Drugs, alcohol, tobacco and vaping	K33 K37, K38, K39, K40, K41, K42	Health & Wellbeing	None	None	None	None	None	Social & Risk	Not Assigned	Problem Solving	None
Staying Safe -07 - Substance Addiction	Year 11	to understand the different levels of drug use and realise the consequences of drug use when	None	T5 - Drugs, alcohol, tobacco and vaping	K33 K37, K38, K39, K40, K41, K42	Health & Wellbeing	None	None	None	None	None	Social & Risk	Not Assigned	Problem Solving	None
Staying Safe - Supporting Resources															
Out - NPS Fastfash and Drugs															
LHM Assessment - Staying Safe															
Workbook - Staying Safe															

Health & Wellbeing

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gatsby Benchmark	CDI Framework (B)	Skills Builder Framework	Citizenship
Adult Health and Looking After Yourself -01 - Organ and Blood Donation	Year 11	to know the tax-savings organ donation. To evaluate the impact organ and blood don	T6 - Personal Health & Fitness	T6 - Personal Health & Fitness	K34 K35	Health & Wellbeing	Independence	None	None	None	None	None	Not Assigned	Problem Solving	None
Adult Health and Looking After Yourself -02 - Teenage Pregnancy Choices	Year 11	to know what to do if you think you are a friend in progress. To understand the sign	T5 - Intimate & sexual relationships inc sexual health	T6 - Personal Health & Fitness	K33 K33, K34, K35, K36, K37, K38, K39, K40, K41, K42	Relationships	Respectful Relationships	None	None	None	None	None	Not Assigned	Problem Solving	None
Adult Health and Looking After Yourself -03 - Abortion Laws, Morals and Ethics	Year 11	Consider different reasons why women have abortions. To be able to explain the religious an	T5 - Intimate & sexual relationships inc sexual health	T6 - Personal Health & Fitness	K33 K34, K35, K36, K37, K38, K39, K40, K41, K42	Relationships	Family	Rule of Law	None	None	None	None	Not Assigned	Problem Solving	None
Adult Health and Looking After Yourself -04 - Parenthood for Teenagers	Year 11	to evaluate the impact parenthood has on teenagers. To understand	T1 - Families	T6 - Personal Health & Fitness	K33 K33, K34, K35, K36, K37, K38, K39, K40, K41, K42	Relationships	Family	None	None	None	None	None	Not Assigned	Problem Solving	None
Adult Health and Looking After Yourself -05 - Testicular and Prostate Cancer	Year 11	to understand how to perform a testicular self-examination. To understand	T6 - Personal Health & Fitness	T6 - Personal Health & Fitness	K33 K33, K34, K35, K36, K37, K38, K39, K40, K41, K42	Health & Wellbeing	Healthy Lifestyles	None	None	None	None	None	Not Assigned	Problem Solving	None
Adult Health and Looking After Yourself -06 - Breast Cancer, Cervical Cancer & Screening	Year 11	to understand how to perform a breast self-examination. To understand	None	T6 - Personal Health & Fitness	K33 K33, K34, K35, K36, K37, K38, K39, K40, K41, K42	Health & Wellbeing	Healthy Lifestyles	None	None	None	None	None	Not Assigned	Problem Solving	None
Adult Health and Looking After Yourself -07 - Love and Abuse	Year 11	to understand the different types of abuse that exist. To identify where to go for help	T1 - Families	T7 - Personal safety	K34 K34, K35, K36, K37, K38, K39, K40, K41, K42	Relationships	Respectful Relationships	None	None	None	None	None	Not Assigned	Problem Solving	None
Adult Health and Looking After Yourself - Supporting Resources															
Out - Mental Health															
LHM Assessment - Adult Health and Looking After Yourself															
Workbook - Adult Health and Looking After Yourself															

Life Beyond School

Lesson	YEAR GROUP	Learning Outcomes	Statutory RSE 2026	Statutory Health 2026	PA Content Codes	PSHE Association Core Themes	PA - Thematic Model	British Values	SMSC	Protected Characteristics	Creative Theme	Gatsby Benchmark	CDI Framework (B)	Skills Builder Framework	Citizenship
Your Future and Beyond -01 - Screen Addiction and Staying	Year 11	to regularly impact on your mental health. To evaluate how technology and smart phones can	None	T2 - Wellbeing online	K33 K31, K32, K33, K34, K35, K36, K37, K38, K39, K40, K41, K42	Health & Wellbeing	Building For the Future	None	None	None	None	LIFE Skills	4. Linking Curriculum Learning To Careers	None	None
Your Future and Beyond -02 - Post 16 Options	Year 11	To consider how to make the best choice for me. To understand the	None	T2 - Wellbeing online	K33 K31, K32, K33, K34, K35, K36, K37, K38, K39, K40, K41, K42	Living in the wider World	None	None	None	None	None	LIFE Skills	4. Linking Curriculum Learning To Careers	Manage career	Active High
Your Future and Beyond -03 - Exam Stress and Anxiety (2 Hours)	Year 11	To recognise that stress is only beneficial in the short term and that long term it can affect your	None	T6 - Personal Health & Fitness	K34 K34	Health & Wellbeing	Next Steps	None	None	None	None	LIFE Skills	1. Skills Careers Programme	Balance life and work	Setting Priorities
Your Future and Beyond -04 - Social Media Vs Real Life	Year 11	To evaluate the impact social media influences have on society. To identify coping me	T3 - Online Safety and Awareness	T2 - Wellbeing online	K33 K35, K36, K37, K38, K39, K40, K41, K42	Health & Wellbeing	Digital Literacy	None	None	None	None	LIFE Skills	4. Linking Curriculum Learning To Careers	Balance life and work	Problem Solving
Your Future and Beyond -05 - CV Writing	Year 11	To understand how to create a clear and concise CV. To have some ideas I could use to	None	T2 - Wellbeing online	K33 K31, K32, K33, K34, K35, K36, K37, K38, K39, K40, K41, K42	Living in the wider World	Next Steps	None	None	None	None	LIFE Skills	4. Linking Curriculum Learning To Careers	Manage career	All Skills
Your Future and Beyond -06 - Writing a Personal Statement	Year 11	to explore when a personal statement may be needed. To be confident in writing a personal sta	None	T2 - Wellbeing online	K33 K31, K32, K33, K34, K35, K36, K37, K38, K39, K40, K41, K42	Living in the wider World	Next Steps	None	None	None	None	LIFE Skills	4. Linking Curriculum Learning To Careers	Manage career	All Skills
Your Future and Beyond - Supporting Resources															
Out - Finance and Careers															
LHM Assessment - Your Future and Beyond															
Workbook - Your Future and Beyond															

HOD Support Files

Folder / File

- 00 Summary of PSHE Package
- 01 PSHE KS3 + KS4 - MAPPING
- 02 PSHE KS3 + KS4 - SOW
- 03 Statutory PSHE AUDIT Blank
- 04 Statutory PSHE AUDIT Example
- 05 PSHE Blank Mapping Template

02 Curriculum Learning Journey

- 5 Year PSHE Curriculum Learning Journey PDF
- 5 Year PSHE Curriculum Learning Journey Editable

03 Supplementary PSHE Material

- 00 Mindfulness Activities
- 01 Mental Health Posters
- 02 Wellbeing Challenges
- 03 Curriculum Overviews
- 04 Transition Resources
- 05 Rewarding Students
- 06 Display Material
- 07 Teacher Supply Activity Packs
- 08 Project Support
- 09 5 Year Tracking Options
- 10 Panjango Sample Careers
- 11 Graffiti Assessment Reflection Journals
- 12 Run your own General Election
- 13 Assembly Material

04 External Documents & Inspections

- 00 Statutory DfE and PA Documents
- 01 PA Programme of Study (Key stages 3–4)
- 02 Personal_development_cribsheet
- 03 Careers Development Framework Handbook
- 04 Gatsby Benchmark Toolkit

UPDATED DOCUMENTS

- 05 Skills Builder Toolkit Framework
- 06 Ofsted - Types of Inspections
- 07 DfE - EDUCATION INSPECTION FRAMEWORK
- 08 DfE - Inspecting teaching of the protected characteristics in schools
- 09 Ofsted - School Inspection Handbook (65 Pages)
- 10 SMSC In schools
- 11 PSHE DEEP DIVE QUESTIONS
- 12 Cre8tive's View of current Provision
- 13 Evidence-on-pornographys-influence-on-harmful-sexual-behaviour-among-children-3

05 Parent Friendly Material

- 01 PARENTS GUIDE TO RSHE
- 02 PSHE EDUCATION INTENT
- 03 PSHE EDUCATION DESIGN
- 04 Curriculum Material Explored
- 05 RSHE Curriculum Overview
- 06 Learning Journey Road Map
- 07 Statutory Content Audit
- Sample Curriculum Material

06 Cre8tive Catalogue

- 25-26 Cre8tive Brochure UPDATED
- Cre8tive Flyer
- Drop Down Day - Sample NEW
- Drop Down Day - Sample NEW
- Drop Down Day - Sample NEW
- Drop Down Day - Sample NEW

07 Edits & Updates to Curriculum

- Excel Mapping document detailing all edits NEW

08 Statutory RSHE 2026 Onwards

- New Statutory Guidnace NEW
- Draft Guidance NEW
- Cre8tive Summary of Changes Doc NEW

Cre8tive Comparison Draft v Final	NEW
Cre8tive Primary Update	NEW
Cre8tive Brief Changes Table	NEW
Notable inclusions and Exclusions to final guidance	NEW
Statutory Changes - Parental Rights	NEW
Statutory Changes to Protected Characteristics & Gender Identity	NEW

09 New Lesson Content

New RSHE Lesson Mapping Document

Ks3 Illegal Online Behaviours including Drug and Knife Safety	NEW
Ks3 Is it Bullying or Banter	NEW
KS3 Loneliness	NEW
KS3 Menstrual and Gynaecological Health	NEW
Ks4 Deepfakes	NEW
Ks4 Exploring the Local Healthcare System	NEW
Ks4 Healthy behaviours before during and after Pregnancy	NEW
Ks4 How Deepfakes are being used in politics	NEW
X - (Sept) AI Chat Bots	NEW
X - (Sept) Personal Safety Around Water	NEW
X - (Sept) Personal Safety In public Spaces	NEW
X - (Sept) Unhealthy Weight Gain & Risks	NEW
Y7 Vaping	NEW
Y8 Importance of Studying PSHE	NEW
Y8 Respect and Women	NEW
Y8 What is a GP and Role of a local Doctor	NEW
Y8 What is Antimicrobial Resistance	NEW
Y9 Dangers of Virginity Testing	NEW
Y9 What is AI Generated Sexual imagery	NEW
Y9 What is Sextortion	NEW
Y10 Marriage, Cohabitation & Civil Partnerships	NEW
Y10 Peer Pressure and how this impacts risk taking behaviour	NEW
Y10 Role of Pharmacists	NEW

Y11 Ending Relationships	NEW
Y11 Personal Safety in Unfamiliar social or Work Settings	NEW
Sample- Intent, Implementation and Impact PSHE	NEW